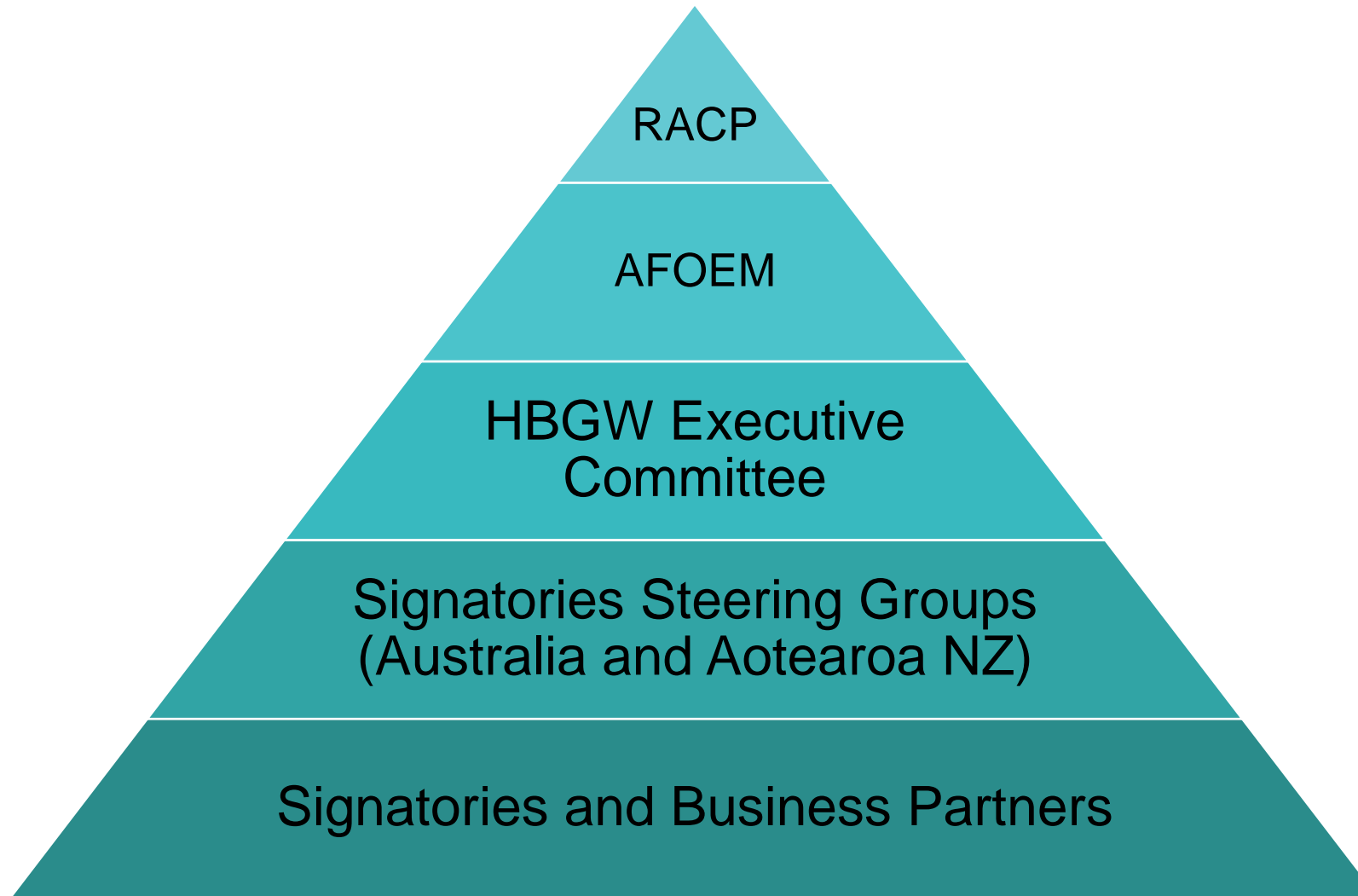




Introduction to the Health Benefits of Good Work[®] (HBGW)

NOVEMBER 2022

HBGW Campaign Structure





Consensus Statement on the Health Benefits of Good Work™

At the heart of this consensus statement on the Health Benefits of Good Work™ is a shared commitment to improve the health and wellbeing of individuals, families and communities.

Good work is engaging, fair, respectful and balances job demands, autonomy and job security. Good work accepts the importance of culture and traditional beliefs. It is characterised by safe and healthy work practices and it strikes a balance between the interests of individuals, employers and society. It requires effective change management, clear and realistic performance indicators, matches the work to the individual and uses transparent productivity metrics.

Realising the Health Benefits of Good Work™ for all Australians and New Zealanders requires a transformation in both thought and in practice. It necessitates cooperation between a broad range of participants including workers, governments, employers, unions, insurers, legal practitioners, advocacy groups and healthcare professions.

Pledge

We, the undersigned, commit to collaboration, which encourages and enables Australians and New Zealanders to access the Health Benefits of Good Work™. We acknowledge the following fundamental principles about the relationships between health and good work:

- The provision of good work is a key determinant of the health and wellbeing of employees, their families and broader society.
- Long term work absence, work disability and unemployment may have a negative impact on health and wellbeing.
- All workplaces should strive to be both healthy and safe.
- Providing access to good work is an effective means of reducing poverty and social exclusion.
- With active assistance, many of those who have the potential to work, but are not currently working, can be enabled to access the benefits of good work.
- Safe and healthy work practices, understanding and accommodating cultural and social beliefs, a healthy workplace culture, effective and equitable injury management programs and positive relationships within workplaces are key determinants of individual health, wellbeing, engagement and productivity.
- Good outcomes are more likely when individuals understand, and are supported to access the benefits of good work especially when entering the workforce for the first time, seeking re-employment or recovering at work following a period of injury or illness.

Governments, employers, workers, unions, insurers, legal practitioners, advocacy groups and healthcare professions all have a role in promoting the health benefits of good work.

Through actions appropriate to our various areas of responsibility or activity, we agree to:

- Promote an understanding of good work and its associated health benefits.
- Support and encourage those attempting to access the Health Benefits of Good Work™.
- Encourage all participants to support workplace health; and
- Advocate for continuous improvement in public policy around work and health, consistent with the principles articulated above.

Signatories:

The HBGW Consensus Statement

“Through actions appropriate to our various areas of responsibility or activity, we agree to:

- Promote an understanding of good work and an awareness of the health benefits of good work;
- Support and encourage those attempting to access the health benefits of good work;
- Encourage all participants to support workplace health; and
- Advocate for continuous improvement in public policy around work and health, consistent with the principles articulated above.”

Benefits of Becoming a Signatory

LEAD

Be seen as an employer of choice – a leader in promoting healthy work practices and workplaces from within your organisation and across your sector.

GROW

Be successful into the future – organisations will need to move beyond legislative requirements and embrace inclusive employment practices. More than ever, employers have greater social influence and responsibility.

RESEARCH

Benefit from access to the latest evidence, current practices and innovation from researchers and employer groups as well as expertise of other HBGW signatories across Australia and New Zealand.

NETWORK

Be part of a network of like-minded representatives of organisations with whom you can share information, challenges and experience. [#healthandsafety](#) [#workhealth](#) [#innovation](#)

Want to become a Signatory?

Come join a growing number of organisations in promoting the Health Benefits of Good Work®!

Commit to change and improve your work environment!

Go to: <https://www.racp.edu.au/advocacy/division-faculty-and-chapter-priorities/faculty-of-occupational-environmental-medicine/health-benefits-of-good-work/hbgw-signatory>

OR via our LinkedIn page:
<https://www.linkedin.com/company/hbgw>



Register now to become a Signatory!



Join the 300+ (and growing!) employers, regulators, insurers, self-insurers, government departments, unions, professional and industry associations across Australia and New Zealand in becoming a Signatory to the Health Benefits of Good Work™ Consensus Statement.

Why should your organisation register as a Signatory?

- LEAD** Be seen as an employer of choice – a leader in promoting healthy work practices and workplaces from within your organisation and across your sector.
- GROW** Be successful into the future – organisations will need to move beyond legislative requirements and embrace inclusive employment practices. More than ever, employers have greater social influence and responsibility.
- RESEARCH** Benefit from access to the latest evidence, current practices and innovation from researchers and employer groups as well as expertise of other HBGW signatories across Australia and New Zealand.
- NETWORK** Be part of a network of like-minded representatives of organisations with whom you can share information, challenges and experience.

Want to know more about the HBGW Campaign?

[Click here](#)

Any questions?

Contact:

Tatjana Jokic

HBGW New Signatories Coordinator
hbgw@racp.edu.au

Ready to register?

[Click here](#)

We look forward to seeing your organisation's name on the Signatories List! Have look at who is already a Signatory: [Click here](#)

(scroll down the page)



Contact

Suzanne Gibson
Committee Member HBGW SSG
Health Benefits of Good Work®
email: hbgw@racp.edu.au