



8:30am	Registration & Networking	
9:00am	Welcome to the network	
9:15am	Mental Health Stigma Reduction: Bridging the Knowledge/Action Divide	Edman Tam Wayahead Workplaces
10:00am	Aligning for the New Year Discussion Activity Introduction	
10:10am	Part One: Looking Inward	
10:50am	Morning Tea	
11:30am	Part Two: Looking Forward	
12:20pm	Housekeeping & wrap up	
12:30pm	Close	