

2024 Annual Members' Forum

Wayahead®
Workplaces



Evolving Together: Strategies for tomorrow's workforce

Agenda

8:30am Arrival & Sign-in

9:00am **Welcome to Country**
Paul Newman | Black Pages

9:05am **Forum Welcome**
Vanessa Murphy | Wayahead

9:10am **Commissioner Address**
Deborah Howe | Mental Health Commission of NSW

9:20am **CEO Address**
Sharon Grocott | Wayahead

9:30am **Salesforce Welcome**
Erin Williams | Salesforce

9:45am **Embracing Age Diversity: Future-Proofing Workplace Wellbeing Strategies**
Dr Katya Numbers | UNSW Ageing Futures Institute

10:25am Morning tea

10:55am **What's your organisation's state of mind...?**
Lynette Mayne | The B Team Australasia

11:35am **SafeWork NSW: Future-focused approach to Psychological health & Safety**
Kate McGinniskin | Safework NSW

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12:15pm Lunch

1:05pm Break-out discussions

2:00pm **Collaborating for Future Workplace Health**
Dr Kim Hamrosi | Corporate Mental Health Alliance Australia
Brianna Cattanach | Allianz
Moderator: Jennifer Cains | Advice for Good

2:40pm Afternoon tea

3:10pm **Building a Positive Mental Wellbeing Culture at Work**
Simon Wake and Bhavna Sawnani | Ipsos Australia

3:50pm Housekeeping & Wrap-up

4:00pm Close

Break-out Sessions

	Auditorium	Lounge 1	Lounge 2
Rotation 1 1:10pm - 1:30pm	Dr Katya Numbers	Bhavna Sawnani & Lynette Mayne	Dr Kim Hamrosi & Brianna Cattanach
Rotation 2 1:35pm - 1:55pm	Bhavna Sawnani & Lynette Mayne	Dr Katya Numbers	Dr Kim Hamrosi & Brianna Cattanach

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Deborah Howe
A/Mental Health Commissioner | Mental Health Commission of NSW

Deborah Howe is the acting Mental Health Commissioner of NSW with extensive experience in the mental health sector. She has held senior roles in Perinatal, Child, and Youth Mental Health within NSW Health and has a strong research background. Deborah led the development of the Trauma Informed Care Framework and the NSW Suicide Care Pathway, driving reforms in mental health services across the state.



Erin Williams
Regional Vice President, Partner Account Management, Alliances & Channels | Salesforce

Erin Williams leads the Partner Management Organisation for Salesforce across ANZ, with over 20 years of experience in software, IT, and telecommunications. Her career spans start-ups to multinationals. Erin has led mentor programs for 15 years and is now focused on initiatives supporting Mother Earth, Mental Health, and Wellbeing.



Dr Katya Numbers
Postdoctoral Research Fellow | UNSW Ageing Futures Institute

Dr. Katya Numbers is a Postdoctoral Research Fellow and Lecturer at the Centre for Healthy Brain Ageing (CHeBA). Her research focuses on modifiable lifestyle factors linked to dementia risk and identifying early behavioural indicators of dementia, particularly the relationship between self-reported cognitive decline, mood, personality, and dementia risk, as well as early intervention strategies.



Lynette Mayne
Executive Chair | The B Team Australasia

Lynette Mayne has extensive experience as a CEO, Chair, and Director, with a background in entrepreneurship and leading global businesses. She is the Executive Chair of Richard Branson's B Team Australasia, focusing on initiatives like the Future of Work, Mental Health, AI, and the Climate Leaders Coalition. Lynette is also a Non-Executive Director at Accounting for Nature and was a CEO at Lendlease.



Kate McGinniskin
Senior Project Officer, Health & Safe Design | SafeWork NSW

Kate McGinniskin is a Senior Project Officer at SafeWork NSW and leads the 'Psychological Health and Safety Strategy 2024-2026'. She has extensive experience in creating mentally healthy workplaces and contributed to the NSW Mentally Healthy Workplaces Strategy 2018-2022. Kate specialises in project leadership, communications, and stakeholder engagement.

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Dr Kim Hamrosi
Chief Executive Officer | Corporate Mental Health Alliance Australia

Kim Hamrosi is the CEO of CMHAA. With over 20 years in healthcare, Kim has experience in clinical service delivery, research, health technology assessment, and mental health. Recently, she has worked in healthcare strategy and implementation, delivering large projects in complex stakeholder environments across health and life sciences. She holds a Bachelor of Pharmacy (Hons I) and a PhD.



Brianna Cattanach
National Manager Mental Health Strategy and Delivery | Allianz

Brianna Cattanach is the National Manager of Mental Health Strategy and Delivery at Allianz, sitting across workers' compensation, CTP, and personal injury lines. She is a registered Senior Occupational Therapist with additional qualifications in psychology and behavioural neuroscience. Brianna's career includes direct mental health service provision, occupational rehabilitation for complex psychological injuries, and consultancy.



Jennifer Cains
Founder | Advice for Good

Jennifer Cains is a recently appointed board member of Wayahead, with over 25 years in people management and leadership in the digital technology sector, including at Salesforce and Microsoft. As the Founder of Healthy Workplaces Australia, she advocates for mental well-being in the workplace, leveraging her expertise in business transformation and technology leadership.



Bhavna Sawnani
Employee Experience Account Director | Ipsos Australia

Bhavna Sawnani is an Account Director at Ipsos Australia with over 10 years of experience and a master's degree in occupational psychology. She focuses on delivering impactful insights and strategic consultancy services. Bhavna specialises in Employee Experience programs and listening maturity strategies for a range of clients, including public healthcare, transport, financial institutions, and retail.



Simon Wake
Chief Executive Officer | Ipsos Australia

Simon Wake is the Chief Executive Officer of Ipsos Australia, focusing on acquiring top talent and bringing global insights to local clients. He joined Ipsos in 2013 after a career in marketing and news media, with previous roles in agency-side research in the UK and Australia. Before becoming CEO, Simon led Ipsos's media, content, and technology division in Australia from 2013 to 2015.